



Diary Dates

Tues 13 th February	Normal school lunch with Pancake day dessert
Wed 14 th February	Ms Lilley's Class to Oriental Museum Durham for Lunar New Year
Wed 14 th February	Valentine's Day Lunch (children come into school wearing red)
Wed 14 th February	Church whole school - Lent - families welcome 9.30am
Thurs 15 th February	Gymnastics Festival and Key Steps Gymnastics Competition
Fri 16 th February	Non-uniform day (no charge)
Fri 16th February	School closes for half-term break
Mon 26th February	School re-opens
Wed 28 th February	Year 6 SATS Information Evening for parents 4.30pm-5pm
Fri 1 st March	Family Friday 9-9.30am Theme - Small People, Big Dreams - Courageous Advocacy
Mon 4 th March	World Book Day Celebrations – Hogwarts
Wed 6 th March	Church whole school families welcome 9.30am
Fri 8 th March	Spring Coffee afternoon 3.30pm – more info to follow
Mon 11 th March	Aspiration afternoon - more info will follow
Tues 12 th March	Guest Readers in school
Fri 15 th March	Red Nose Day – non uniform – donations toward Comic Relief
Mon 18 th March	Parental Consultation Evening
Tues 19 th March	Parental Consultation Evening
Tues 19 th March	Miss Defty's Class Collective Worship 9.15am all welcome
Wed 20 th March	Easter Discos – Year R/1/2 4.45-5.45pm Year 3/4/5/6 6-7pm
Thurs 21 st March	Key Stage 2 Basketball Festival
Fri 22 nd March	Celebration worship 2.30pm parents and families welcome
Tues 26 th March	Someone Special lunch – more info to follow
Wed 27 th March	Whole school to Church 2:30pm Holy Week/Easter Service St Mary's families welcome
Wed 27 th March	Non-uniform day (in aid of School Fund)
Wed 27th March	School closes for Easter break

Swimming Festival

Well done to all our swimmers who attended the Swimming Festival at Hetton on Thursday. The children all had a fantastic time and competed against children from other local schools. As always they showed fantastic effort and determinations and represented our school beautifully.

Stars of the week 9th February 2024

Ms. Lilley's Class – ELM	Millie C
Miss Defty's Class – OAK	Harper-Leigh T
Miss Purves's Class – MAPLE	Poppy E
Mrs. Appleby's Class - WILLOW	Freya J
Mr. Churchill's Class– SYCAMORE	Tabitha O
Miss O'Neil's Class - PINE	Zach H
Pupil's Pupil	Immanuel A / Orla C
Staff member of the week	Mrs Scarr
Mr Appleby's Special Book	Addison D-B

Attendance week commencing 5th February 2024

Reception	98.33
Year 1	90
Year 2	99.41
Year 3	98.89
Year 4	93.0
Year 5	97.0
Year 6	83.08

School of Rock Performance

On Wednesday, our Year 5 and 6 children visited Easington Academy to watch a performance of School of Rock 😊 This was a lovely treat for our school to be invited and fantastic to see some former pupils performing in the show.

Children's Mental Health Week

Throughout the week our children have been focusing on mental health and its importance and taken part in lots of activities and discussions.

Balance Bike Day

On Thursday we had a Balance Bike Activity Day for our Reception and Year 1 children. Even the rain didn't spoil the day as you can see from the smiles 😊





May we give them the roots to grow and the wings to fly

KIDS TACK CLUB

Thursday evenings
 5pm-6pm
 £10 Per Person

The Activities
 Grooming
 Plaiting
 Bathing/washing
 Pony games
 Dancing
 Horse care
 Stable management

Enjoy making new friends!

Email us: admin@growthequestrian.co.uk

ON SALE
 H A W A Y T H E L A S S E S

LEWES WOMEN
 SUNDAY
 18 FEBRUARY, 2024
 12.00PM KO

FREE
 UNDER 16S GO

GET YOUR TICKETS AT
SAFC.COM/TICKETS



FOR SALE
 Two Cocker Spaniel puppies are for sale from one of our families. If anyone is interested, please contact the school office and we can put you in touch for further information
 😊



February Holiday Camps

- Multi-sports (5 - 12 years)
- Dance (5 - 9 years)

19 February - 23 February



durham.ac.uk/holiday-camps

Durham University Holiday Camps

Team Durham is running both dance and multisports camps this February half term between Monday 19 and Friday 23 February. The dance camp is aimed at 5-9 year-olds, while our multisports is for 5-12 year olds. Both camps will run from our Sports and Wellbeing Park at Maiden Castle (DH1 3SE) with free parking on site. Prices start from as little as £16 per day with wraparound care also available.

To learn more and to book a place, visit our website



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Picture News For Parents



February 2024 edition

Hello!

Welcome to this first edition of *Picture News for Parents*, a newsletter to keep you updated with Picture News coverage and how children can explore the news in a productive, child-friendly way. But first, let us introduce ourselves!



What is Picture News?

We make weekly news resources to help schools teach current affairs. We go beyond simply telling children what is happening in the world, to instead find opportunities for discovery, deeper thinking and self-reflection.

A Picture News session uses real-life learning, covering topics including real people and scenarios, to bring the world to the classroom. This helps children learn more about themselves and others: what interests them, what they are passionate about, and what they want to change or act on.

This half term's pack recap



Are emojis an important part of communication?

8th January 2024

This first pack of 2024 explored Teddy Cottle's petition for Apple to change the glasses emoji, also known as the 'nerd' emoji, as he thinks it misrepresents glasses-wearers. This story led to wider thoughts of how we use emojis to communicate and express ourselves.



Is an e-reader better than a book?

15th January 2024

This pack detailed a recent study from the University of Valencia, which found that print reading could boost skills by six to eight times more than digital reading. This news inspired children to debate how they felt about print books versus e-readers, and reflect on the value books bring to our lives.



Is fashion important?

29th January 2024

News of BBC's new programme, *Style It Out*, was the subject of this pack. The contest show requires budding designers to only use second-hand materials, which led us to explore sustainable clothing and the impact fast fashion is having on our environment.



What makes someone inspirational?

5th February 2024

This pack covered the news of Spain's first elected parliamentarian with Down's syndrome, Mar Galcerán. Talk of Mar's election led us to explore the power of pursuing interests despite facing obstacles, and prompted discussions about what traits make someone inspirational.



Picture News Take Home

You can keep up-to-date with the topics we cover in the 'Take Home' resource included in every Picture News pack!



Goodbye!



Thank you for joining me in this first edition of *Picture News for Parents*. This is a new venture for us, so we'd really appreciate any feedback or ideas for what support you'd like to see from Picture News.

Katie N, Editor
katie.n@picture-news.co.uk

May we give them the roots to grow and the wings to fly

DO YOU SOMETIMES WORRY ABOUT HOW YOU ARE FEELING?

If so, read on!



Here are some brilliant tips from children just like you*. These children have also had ups and downs with their mental health and want to pass on some ideas that have helped them:

- Ask for help – from a teacher, parent, brother, sister, or other family member. Keep telling until someone listens to you.
- Remember you are not alone – everyone goes through tough times. Be kind to yourself – everyone is perfect in their own way.
- Stay calm – take some breaths or find somewhere to sit quietly for 2 minutes.
- Go outside and get some exercise to make yourself feel stronger.
- Spend time with your family and friends (or pets).
- It's okay to not always be okay.
- Think of your favourite thing and write it down.
- Keep a diary to track all your emotions.
- Stay positive and focus on things that make you happy. If you can't think of anything, maybe a friend can help you.
- Remember you are enough, and you are the only you.
- If you are being bullied, maybe the bully is being bullied or has something going on at home and they're taking it out on someone else. Tell an adult or trusted friend.



DO YOU SOMETIMES FEEL A BIT WORRIED ABOUT HOW SOMEONE ELSE IS FEELING?

If so, read on!

Things you can say to help support someone else:



*With thanks to the pupils at Seascope Primary School and Ark Globe Primary School.

BEANO

place2be's
CHILDREN'S
MENTAL HEALTH
WEEK

