



**Easington C of E Primary School – RSHE Overview**

Year A 2022 - 2023	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer Term	
Year 1/2	Families and relationships Cycle A	Health and wellbeing Cycle A	Safety and the changing body Cycle A	Citizenship Cycle A	Transition Cycle A	
Year 3/4	Families and relationships Cycle A	Health and wellbeing Cycle A	Safety and the changing body Cycle A	Citizenship Cycle A	Transition Cycle A	
Year 5/6	Families and relationships Cycle A	Health and wellbeing Cycle A	Safety and the changing body Cycle A	Citizenship Cycle A	Y5 Transition	Y6 Identity



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Year B 2023 - 2024	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer Term	
Year 1/2	Families and relationships Cycle B	Health and wellbeing Cycle B	Safety and the changing body Cycle B	Citizenship Cycle B	Transition Cycle B	
Year 3/4	Families and relationships Cycle B	Health and wellbeing Cycle B	Safety and the changing body Cycle B	Citizenship Cycle B	Transition Cycle B	
Year 5/6	Families and relationships Cycle B	Health and wellbeing Cycle B	Safety and the changing body Cycle B	Citizenship Cycle B	Y5 Transition	Y6 Identity