



### Dates for your diary :

<b>Friday 18<sup>th</sup> March</b> 	Children can wear red/non-uniform for Comic Relief. Any voluntary donations will be welcomed towards Comic Relief.
<b>Monday 28<sup>th</sup> March and Tuesday 29<sup>th</sup> March</b>	Parental Consultations in school
<b>Friday 1<sup>st</sup> April</b>	Family Friday
<b>Friday 1<sup>st</sup> April</b>	Celebration Worship for families
<b>Friday 8<sup>th</sup> April</b>	Easter Egg Collection for the Durham Easter Egg Run and special visitors to school 😊
<b>Friday 8<sup>th</sup> April</b>	<b>School closes for half term break</b>
<b>Monday 25<sup>th</sup> April</b>	<b>PD day – school closed for children</b>
<b>Tuesday 26<sup>th</sup> April</b>	<b>School reopens for children</b>
<b>Monday 2<sup>nd</sup> May</b>	<b>Bank Holiday – school closed</b>
<b>Friday 6<sup>th</sup> May</b>	Family Friday
<b>Monday 9<sup>th</sup> May 2022 – Thursday 12<sup>th</sup> May 2022</b>	Year 6 SATS week
<b>Wednesday 25<sup>th</sup> May</b>	Phototronics – School Class Photographs
<b>Friday 20<sup>th</sup> May</b>	Bend the Rules Day
<b>Friday 27<sup>th</sup> May</b> 	Queen's Platinum Jubilee Celebrations School Street Party on the playing field. Details to follow nearer the time.
<b>Friday 27<sup>th</sup> May</b>	<b>School closes for half term break</b>
<b>Monday 6<sup>th</sup> June</b>	<b>School closed – additional Bank Holiday for Queen's Platinum Jubilee since this falls in Half Term week</b>
<b>Tuesday 7<sup>th</sup> June</b>	<b>School reopens for children</b>
<b>Friday 10<sup>th</sup> June</b>	Family Friday
<b>Friday 1<sup>st</sup> July</b>	Family Friday
<b>Wednesday 20<sup>th</sup> July</b>	<b>School closes for summer break</b>



Our year 2 and year 6 children have been taking the opportunity to work with their class teacher in booster sessions to prepare for their end of year assessments. Well done to all children for your efforts. Keep it up 😊

### Attendance week commencing 7<sup>th</sup> March 2022

Ms. Lilley's Class – <b>ELM</b>	94.7
Miss Defty's Class – <b>OAK</b>	94.0
Miss O'Neil's Class – <b>MAPLE</b>	92.9
Mr. Churchill's Class – <b>SYCAMORE</b>	97.0
Mrs. Appleby's Class - <b>WILLOW</b>	95.6

### Stars of the week Friday 11<sup>th</sup> March 2022

Ms. Lilley's Class – <b>ELM</b>	Taylan D
Miss Defty's Class – <b>OAK</b>	Essy N
Miss O'Neil's Class – <b>MAPLE</b>	Alfie H
Mr. Churchill's Class – <b>SYCAMORE</b>	Alex B
Mrs. Appleby's Class - <b>WILLOW</b>	Harry H
Mr Appleby's Special Book	Emily W
Pupils Pupil	Oliver W / Pyper W
Resilience Award	Poppy W

### Football

This week the school football team played on Tuesday and Thursday evening. As always, they played with fantastic spirit and great teamwork. We are having a great season so far.

Please see below for results:

Easington C of E	0	Howletch	0
Easington C of E	2	Deaf Hill	0
Easington C of E	1	Cotsford	0
Easington C of E	3	St Joseph's Blackhall	0
Easington C of E	0	Shotton Colliery	1

Also this week our year 3 & 4 children took part in a football tournament at Soccerena at Durham. The children performed brilliantly, progressing from the group stage to the semi-finals. Overall, they were placed fourth out of 19 teams, well done to everyone involved.



### Hopes and Dreams Display

In school this week, the children have been writing their hopes and dreams of what they want to be when they are older. The each decorated a feather and wrote some lovely words. These feathers will be used to create a display at the entrance to our school (see the picture for what we are aiming for). We

would love our families to get involved 😊 We have attached a feather template to this Newsletter and ask if you would decorate it and write your hopes and dreams for your child. These feathers will also be used in the display, along with the children's, and we think it will be a beautiful piece of work for everyone to enjoy in school. Please could we ask that completed feathers be returned to school by Wednesday 16<sup>th</sup> March. Thank you for your support and we look forward to reading your hopes and dreams 😊



### Red Nose Day – Friday 18<sup>th</sup> March

Children can come into school wearing red/non-uniform and any voluntary donations will be welcomed towards Comic Relief.



A big thank you to our whole school community for generously donating so many items to support Ukraine during this terrible time. A special thanks to Mrs Osborne and Mrs Diston for their amazing support.

Mrs Osborne said "I just wanted to say a big thank you to the families and staff who have donated to the collection for the Ukraine. I'm sure those who receive the things we have sent with love will be very grateful. Thank you."



### Cuppa with a Copper

Dates have been added for Cuppa with a Copper at East Durham Garden Centre, South Hetton Road, Easington, SR8 3BZ as follows -

Tuesday 8th March

Tuesday 5th April

Tuesday 3rd May

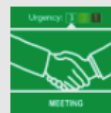
Tuesday 14th June

All from 10am to 11am.

Officers from Easington Neighbourhood Policing team will be available at the Garden centre between those times. If you have any issues you would like to discuss or simply want to pop along for a chat, we look forward to seeing you there.



Message Sent By  
David Edson  
(Police, PCSO, Seaham NPT2)



### Easington/Grants Houses PACT Meetings

Easington and Grants Houses PACT Meetings March and April 2022

PACT meetings will be held on the following dates:-

March 2022

16th March - Easington and Grants Houses PACT will be held at Easington Social Welfare Centre between 6pm and 7pm. Officers from Easington Neighbourhood Policing Team and County Councillors will be available to speak to and discuss any issues you may have.

30th March - Online PACT, Officers from your local Policing Team will be online to discuss any issues with members from the local community between 6pm and 7pm. Contact should be made

through the Seaham and Easington Police Facebook page via messenger.

April 2022

13th April - Online PACT, Officers from your local Policing Team will be online to discuss any issues with members from the local community between 6pm and 7pm. Contact should be made

through the Seaham and Easington Police Facebook page via messenger.

23rd April - Mobile PACT, Officers will be available at the following locations:-

12.30 -13.15 hours - Easington Colliery Nature reserve.

13.30 - 14.15 hours - Easington Village Low Row.

We look forward to seeing/speaking with you soon.



### **Ash Wednesday – St Mary’s Church Service**

It was fantastic to have the whole school back at St Mary’s Church for the Ash Wednesday Service last week and to see so many families attend. We look forward to our next visit on Wednesday 30<sup>th</sup> March.



*May we give them the roots to grow and the wings to fly*

## Top tips on how to talk to your children about their feelings

It can be so tricky to bring up difficult topics, and talking about emotions with your children can sometimes feel more than a little daunting for parents and carers. You may worry about saying the wrong thing, making your child feel uncomfortable, and even worry about making them feel worse. But the fact you want to explore emotions with your child is enough, even if sometimes it doesn't go as you planned!

**Here are some handy tips on how you could begin talking to your children about their feelings.**

- Ask them what they need**  
It can be tough to talk about how you feel, and when we want to talk about things as parents, children don't always want to or feel ready. Asking what a child needs from you can help them feel more in control, heard, and respected.

Children might also not know what they need, so suggesting a few options can be a good starting point. For example, do you need some space right now?
- Listen carefully**  
This sounds pretty straightforward, but sometimes, when we care, we may jump into problem-solving mode a little too hastily. And while it might come from a really good place, it's not always helpful.
- Choose your timing wisely**  
Talking about feelings, or any difficult subject, can be quite sensitive. Choosing a time when you are both calm and relaxed can be more useful than choosing a time when there are any heightened emotions already at play.
- Think about the setting**  
Talking about feelings can be really sensitive, so making sure the space is private, comfortable, and feels safe for your child can be key to a positive outcome.
- Name it**  
Sometimes it can be hard for children to identify their feelings. Naming what you observe can help them to do this. For example, when talking to a young child, you might say, 'You seem really angry today. I can see you are clenching your hands, and you don't have a happy face. I wonder if anything has made you angry or upset?'

**Practice asking open questions (rather than closed ones)**

Closed questions usually encourage yes or no type answers. Open questions, on the other hand, go a bit deeper and encourage more thinking and exploration. This simple difference in style might help your child consider their own thoughts and feelings a little more and encourage them to share more of their story or problem with you.

**Model it**

Being more open and honest about how you yourself feel (in an age appropriate way, of course) can normalise the idea of talking about emotions. Children who see that adults also have big feelings, doubts, get scared or anxious, get frustrated with others at work, etc. might feel more comfortable opening up themselves.

**Get creative**

We might feel a pressure to have all the answers and say the right things, but sometimes, we just need to think a little differently. Helping our children express their feelings through play or using art materials can be just as important and useful, especially for much younger children whose natural language is often play.

**Think about whether your child feels ready to talk**

Just because you want to talk doesn't mean they feel ready to. Look out for the things they say, and their body, too, for indicators on whether they really want to talk about their feelings.

**Take away the intensity**

It can be pretty daunting (on both sides) to sit down to talk about something as important as feelings. But decreasing some of the intensity can sometimes reduce the pressure and make things a little less stressful.





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**HOCKEY HEROES**

**A FUN WELCOMING INTRODUCTION TO HOCKEY FOR ALL 5 - 8 YEAR OLDS**

A recurring 8 week programme for children to try hockey and develop their physical and character superpowers

**A GREAT VALUE PROGRAMME INCLUDING PERSONALISED KIT DELIVERED TO EVERY CHILD**

First 8 week programme: £40  
 Includes: personalised t-shirt, 2 x hockey sticks, ball and stickers.

- Launching at participating clubs near you
- Please note this programme is aimed at beginners and not members of existing hockey clubs

**Tell your friends about Hockey Heroes!**

- Hockey Heroes has been designed firstly to get more children playing hockey, but ultimately to encourage them to join hockey clubs
- Please help us to grow the sport we all love by telling your non-hockey friends with children aged 5-8 about Hockey Heroes!
- Send them to [hockeyheroes.co.uk](http://hockeyheroes.co.uk) for all the details!

**FIND OUT MORE: [hockeyheroes.co.uk](http://hockeyheroes.co.uk)**

**HOCKEY HEROES**

**A HERO IN EVERY KID**

A FUN WELCOMING PROGRAMME FOR ALL CHILDREN AGED 5 - 8 TO TRY HOCKEY AND TO DEVELOP BOTH THEIR PHYSICAL AND CHARACTER SUPERPOWERS

**FIND OUT MORE: [hockeyheroes.co.uk](http://hockeyheroes.co.uk)**

**24th April - 12th June 2022**  
**The Graham Sports Centre**  
**Durham**



**Random Act of Kindness**

This morning during our Family Friday some of our gorgeous children from Ms Lilley's class gave a random act of kindness gift to a grown up of their choice. What a lovely start to the day ☺



Mrs Kirkwood made ribbons for Ukraine for our families to take as they left Family Friday. A thoughtful gesture to show our support and prayers for Ukraine at this terrible time.

*Kindness is Magic*



*May we give them the roots to grow and the wings to fly*

### Family Friday





# Easington Church of England Primary School

## Newsletter Friday 11<sup>th</sup> March 2022



*May we give them the roots to grow and the wings to fly*

