



# Easington Church of England Primary School

## PSHE, RSHE and Educate and Celebrate

### Year A – 2021-2022



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	PSHE - New Beginnings (SEAL)	Educate and Celebrate Unit – Reception – see book list	Getting on and Falling out (SEAL) E Safety	RSHE – Year R (Lucinda and Godfrey)	PSHE - Say no to bullying (SEAL)	PSHE - Changes (SEAL)
<b>Y1</b>	PSHE - New Beginnings (SEAL)  RSHE – Mental Well-Being	Educate and Celebrate Unit – Year 1– see book list  RSHE – Internet Safety and Online Relationships	Getting on and Falling out (SEAL)  RSHE – Health and Prevention including Healthy Eating	RSHE – Year 1 (Lucinda and Godfrey)  RSHE - Changing adolescent Bodies	PSHE - Say no to bullying (SEAL)  RSHE - Being Safe	PSHE - Changes (SEAL)  RSHE – Families and people who take care of me
<b>Y 2/3</b>	PSHE - New Beginnings (SEAL)  RSHE – Mental Well-Being	Educate and Celebrate Unit – Year 2– see book list  RSHE – Internet Safety and Online Relationships	Getting on and Falling out (SEAL)  RSHE – Health and Prevention including Healthy Eating	RSHE – Year 2 (Lucinda and Godfrey)  RSHE - Changing adolescent Bodies	PSHE - Say no to bullying (SEAL)  RSHE - Being Safe	PSHE - Changes (SEAL)  RSHE – Families and people who take care of me
<b>Y 4</b>	PSHE - New Beginnings (SEAL)  RSHE – Mental Well-Being	Educate and Celebrate Unit – Year 4– see book list  RSHE – Internet Safety and Online Relationships	Getting on and Falling out (SEAL)  RSHE – Health and Prevention including Healthy Eating	RSHE – Year 4 (Lucinda and Godfrey)  RSHE – Drugs, Alcohol and Tobacco	PSHE - Say no to bullying (SEAL)  RSHE - Being Safe	PSHE - Changes (SEAL)  RSHE – Families and people who take care of me
<b>Y5/6</b>	PSHE - New Beginnings (SEAL)  RSHE – Mental Well-Being	Educate and Celebrate Unit – Year 5– see book list  RSHE – Internet Safety and Online Relationships	Getting on and Falling out (SEAL)  RSHE – Health and Prevention including Healthy Eating	RSHE – Year 5 (Lucinda and Godfrey)  RSHE - Changing adolescent Bodies	PSHE - Say no to bullying (SEAL)  RSHE - Being Safe	PSHE - Changes (SEAL)  RSHE – Families and people who take care of me

*Bereavement Intervention will be provided to children as and when it is needed*