

**Emotional Well-Being:**

Taking time for yourself to do something that relaxes you is so important. I personally like to read books set in foreign countries to relax me; it makes me feel like I am having an adventure from my sofa! Today, I would like you to spend some time thinking about what makes you feel relaxed and happy.

**Possible Activity for today:**

Use this sheet to help your child to come up with ideas to feel better when they have difficult feelings. Talk about a time when your child has had a difficult feeling – sad, angry, annoyed, jealous or scared. Discuss different things they do to help themselves feel better using the suggestions below as a prompt. Ask children to choose their top three strategies, perhaps drawing or writing one we haven't thought of! Keep this on display at home so when children have a difficult feeling they can help themselves to feel better.

**English:**

This week we are going to be focusing on grammar. Today we are looking at speech. Today I want you to write a short dialogue that you can use in your Flat Stanley story next week.

**Video to help:**

[https://www.youtube.com/watch?v=jFLdsh47Nbc&ab\\_channel=Periwinkle](https://www.youtube.com/watch?v=jFLdsh47Nbc&ab_channel=Periwinkle)

## Maths:

This half term we are solely focusing on fractions. Because Year 3 missed this unit in Year 2 due to the pandemic, they will be working on the same topics to begin with. Today we are going to be doing a written activity on finding a half. You will need a bowl, some glasses and some small objects such as pasta, lego, buttons or marbles. This is a continuation of the learning that you did yesterday.

Watch these videos to help you:

[https://www.youtube.com/watch?v=yDhofz3TpEw&ab\\_channel=TwinklKids%27TV](https://www.youtube.com/watch?v=yDhofz3TpEw&ab_channel=TwinklKids%27TV)

## Collective Worship:

Can anyone summarise one of the three stories from yesterday? Have you ever heard the phrase, "Are your eyes bigger than your belly?" It's often said at buffets when people are given a large empty plate and told to go and fill it up with as much food as they'd like. Have you ever been to a party and at the buffet you put more food on your plate than you could possibly eat. Did your eyes say I like that I'm going to be able to eat all of that, but your stomach said stop when you were only half way through? Well, your eyes were bigger than your belly. Imagine you are in a queue for the buffet, the people in front of you are putting lots of food onto their plates. On the table of food, you see 'the cake', not just an ordinary cake, but your most favourite cake in the whole world, but people are adding pieces of this cake to their already piled high plates. You get to the cake, but all that is left are a few crumbs. How would that make you feel? At the end of the party, you start to collect in the rubbish because you are very helpful, you see several pieces of 'the cake' on people's plates because their eyes were bigger than their bellies. How would that make you feel?

### **Time to reflect**

Can you think of a time when your eyes were bigger than your belly?

Can you think of a time when you lost out due to someone else's greed?

### **Reflection (Prayer)**

*(Dear God)*

We are aware of the difference between our needs and our wants. Let us be grateful and content with what we have. We ask for support for those that don't have all their needs met, as we reflect on what we can do to help others. *(Amen)*

RE:

Please see the work set by Miss Swan.

PE:

Please can you complete either the Joe Wicks or some Just Dance, Go Noodle or Cosmic Yoga.

Work:

# Maths:

Fluency:

F1)

Here are 6 counters.



a) Share the counters into 2 equal groups.

Group 1

Group 2



b) Complete the sentences.

There are 6 counters.

The counters are shared equally between

groups.

There are  counters in each group.

$\frac{1}{2}$  of 6 is equal to

Fluency:

F2)

Circle half the cakes.



Circle half the triangles.



Fluency:


F3)

Find  $\frac{1}{2}$  of each number.

Use the arrays to help you.

a)   $\frac{1}{2}$  of 10 =

b)   $\frac{1}{2}$  of 16 =

c)   $\frac{1}{2}$  of 20 =

Reasoning:

R1)

When you are finding a half, you are always dividing by 2.

True or false?

Reasoning:

R2)

Miss O'Neil thinks that half of 12 is 10 and 2 because she has split 12 into 2 groups. Is she correct?

Explain why.

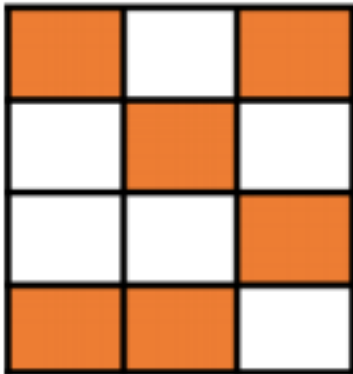
Problem Solving:  
P1)

I am thinking of a number.  
Half of my number is more than 10 but  
less than 15.  
What could my number be?

English:

Problem Solving:  
P2)

Dora is asked to shade half of her  
shape.  
This is what she shades.



Is she correct? Explain why.

Problem Solving:  
Ron has run 20 m.



Rosie has run half that distance.

a) Draw an arrow on the running track to  
show where Rosie is.

a) How far has Rosie run?

English:

Problem Solving:  
P3)

Annie has some gummy bears.

She circles half of them.



How many gummy bears did she have at  
the start?

Problem Solving:  
P5)

Here are half of Annie's sweets.



How many sweets does Annie  
have in total?

If you are struggling, try this:

“I love being flat,” \_\_\_\_\_ .

“\_\_\_\_\_ ,” said Arthur.

“Do you wish you were flat?” Stanley asked Arthur.

“\_\_\_\_\_!” replied Arthur.

(Now see if you can carry on by yourself!)



Dance to your favourite song



Have a drink of water



Do some colouring



Smell your favourite smell



Hug a toy



Think of a happy memory of your friends/family



Think of the three best moments of the day



Do five star jumps



Ask for help



Take some deep breaths



Talk to a friend online



Write down how you are feeling



Think of a happy time



Watch television



Imagine your favourite place



Think of three solutions for your problem



Have a nap



Say you're sorry



Make a list of things you are good at



Do a full body stretch