

**Emotional Well-Being:**

Taking time for yourself to do something that relaxes you is so important. I personally like to read books set in foreign countries to relax me; it makes me feel like I am having an adventure from my sofa! Today, I would like you to spend some time thinking about what makes you feel relaxed and happy.

**Possible Activity for today:**

If your child is feeling bored, lonely, sad or scared in lockdown, doing a fun activity to distract them from their difficult feelings can really help. Here are a few to try. There are many more ideas online, such as craft activities and games. Make sure all the activities follow our Golden Rules: What I choose doesn't hurt me or anyone else. After they've finished, you can ask them: Did that help you to feel better?

**English:**

This week we are going to be focusing on grammar. Today we are looking at expanded noun phrases. Today I want you to write 5 examples of expanded noun phrases that you could use in your Flat Stanley story next week.

**Video to help:**

[https://www.youtube.com/watch?v=XhwjS4zEZDM&ab\\_channel=TwinklKids%27TV](https://www.youtube.com/watch?v=XhwjS4zEZDM&ab_channel=TwinklKids%27TV)

### Maths:

This half term we are solely focusing on fractions. Because Year 3 missed this unit in Year 2 due to the pandemic, they will be working on the same topics to begin with. Today we are going to be doing a written activity on recognising a quarter. You will need a bowl, some glasses and some small objects such as pasta, lego, buttons or marbles. This will be a continuation of your learning from yesterday.

Watch these videos to help you:

[https://www.youtube.com/watch?v=3SdRStOBYPo&ab\\_channel=TwinklKids%27TV](https://www.youtube.com/watch?v=3SdRStOBYPo&ab_channel=TwinklKids%27TV)

### Collective Worship:

Once upon a time, there was a young squirrel. The squirrel would watch its mum and dad collect acorns and bury them in the ground. When he asked them why they did this, they told him that the winters were long and that they needed to make sure that they had enough food to see them through the cold season. The young squirrel started to worry, what if we don't collect enough food? Or what happens if the winter is longer than normal? The young squirrel began by helping his mum and dad to collect and bury extra food, but before long the squirrel found himself not sleeping, all he could think about was collecting enough food. He would hunt for acorns in the dark while everyone else was sound asleep. He would even sneak off and bury some of the acorns that his mum prepared for him to eat. After telling the parable of the young fool, Jesus explained to his followers that God would look after those who did God's will. Jesus said, "Who of you by worrying can add a single hour to your life?" (Luke 12:26 NIV). Being prepared for the future is very different than worrying about the future. The young squirrel's mum and dad prepared as they always did, but the young squirrel let worry rob him of his sleep and his happiness.

#### **Time to reflect**

Does worry make people feel better or worse?

What advice would you have given the young squirrel?

#### **Reflection (Prayer)**

*(Dear God)*

We have learned that worrying cannot help solve any situation that we find ourselves in. Let us be grateful and content with what we have. We ask for support for those that don't have all their needs met, and we reflect on what we can do to help others. *(Amen)*

**PSHCE:**

We are continuing to look at health eating. Today I want you to think about the kind of meals you might have at home instead of your packed lunch.

Please can you make a healthy meal on this plate.

## Work:

### English:

If you are struggling, try this:

Flat Stanley has \_\_\_\_\_ hair.

Flat Stanley is a \_\_\_\_\_ and \_\_\_\_\_ boy.

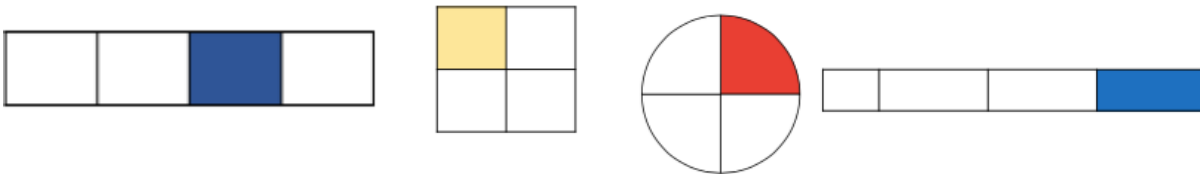
New York is a \_\_\_\_\_, \_\_\_\_\_ city.

California is \_\_\_\_\_ and \_\_\_\_\_.

### Maths:

Fluency:

F1)  
Which of these representations shows a quarter? Circle the ones you think show a quarter.



Fluency:

F2)  
Four friends are sharing a cake.  
The cake is split into  equal parts.



Each part is worth a

This is the same as

Fluency:

F3)  
Shade in a quarter of each of these shapes.



Reasoning:

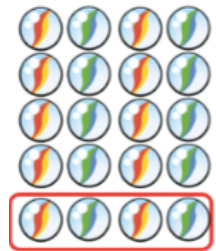
R1)

Riley says that  $\frac{1}{4}$  is bigger than  $\frac{1}{2}$  because 4 is bigger than 2. Is Riley correct? Use a bar model to explain your answer.


Reasoning:

R2)

Robyn says that she has a quarter of the marbles because she has four. Is she correct? Explain your answer.



Problem Solving:

P1)

Lucy has a pizza. The pizza has 8 slices. She eats  $\frac{1}{4}$ . How many slices of pizza does she have left?



Problem Solving:

P2)

Amy has a pizza with 8 slices. She eats  $\frac{2}{4}$ . Lucy also has a pizza with 8 slices. She eats  $\frac{1}{2}$ . How eats more?

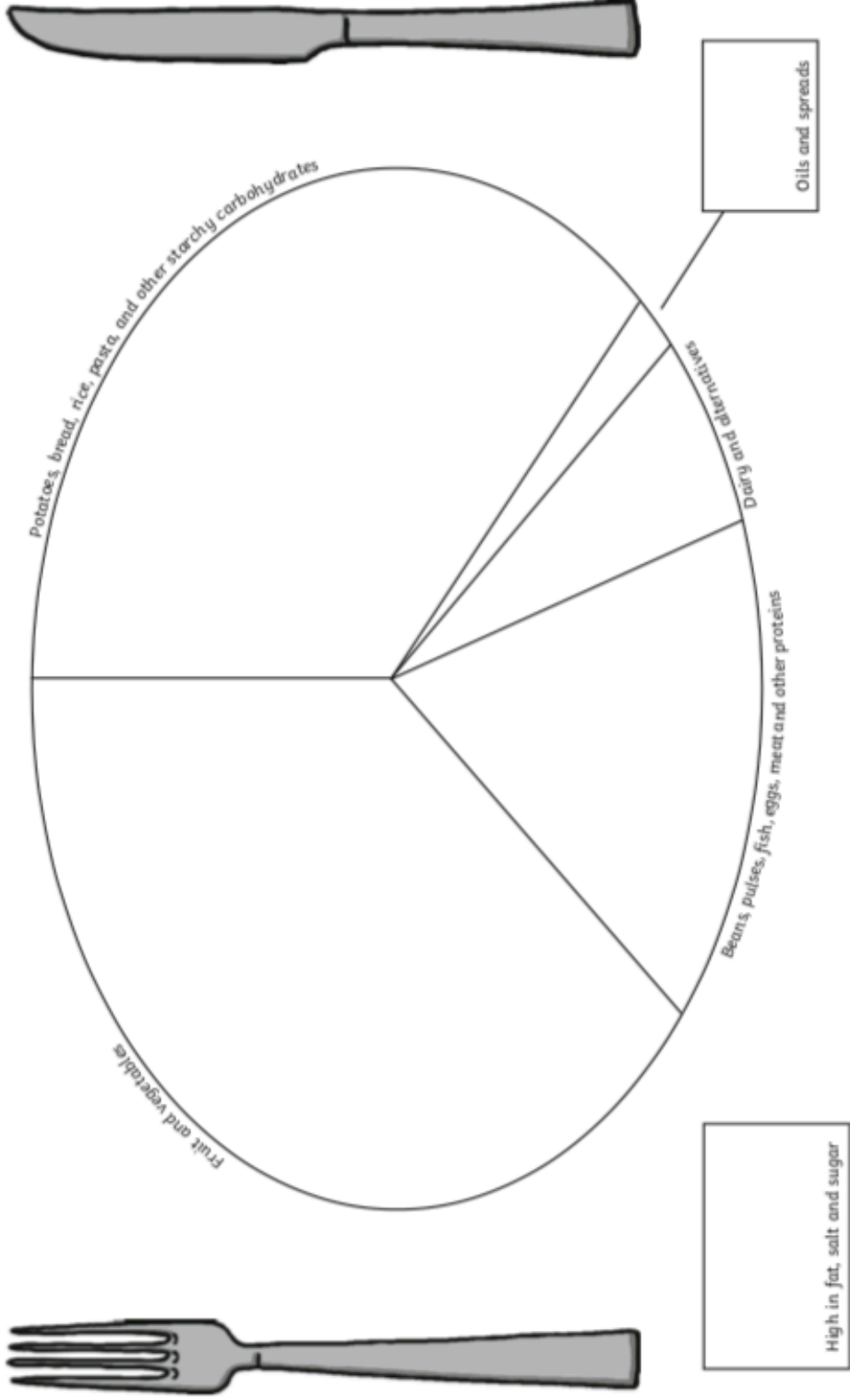
Amy

Lucy



PSHCE:

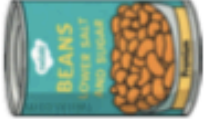
# Healthy Eating Meal



Cut out the food to sort and put on your plate.







## EWB:

### Family portrait

Draw a picture of everyone in your home with you.



### Build a den

Make your own private place using a couple of chairs and an old sheet or towel.



### My favourite song

Make up a dance to your favourite song. If you want you can perform it to the rest of the family!



### Same colour or letter

Make a list or draw a picture of all the things in your home which start with the same letter or are the same colour.



### Beat your own record

Run up and down your stairs or living room. Start with 10 times, and then do more each day so you beat your record each time.



### Three things

Stop and keep very still. Listen – what are three things you can hear? Look – what are three things you can see? Feel – what are three things you can touch?



### Pebble art

On your next walk, look for a nice smooth pebble. Decorate it when you get home using paints, paper, glue and felt-tips.



### Drive-in movie

Take a big cardboard box and decorate it to look like a car. Put a cushion inside, sit in front of your screen and enjoy your favourite film, TV show or game.

