

**Emotional Well-Being:**

Taking time for yourself to do something that relaxes you is so important. I personally like to read books set in foreign countries to relax me; it makes me feel like I am having an adventure from my sofa! Today, I would like you to spend some time thinking about what makes you feel relaxed and happy.

**Possible Activity for today:**

Find a jar or any container, and decorate it if you like. If you haven't got a spare jar, you can write or draw on the picture on the following page. Help your child write their worries on pieces of paper. Fold them up and put them in the jar, and close the jar. Choose 10-15 minutes a day (but not right before bed) for 'Worry Time'. Children can open the Worry Jar, look inside and worry as much as they want. They can read all the worries or focus on one or two. Have a timer to show that Worry Time is over. Close the jar to put their worries away. At some point, your child may tell you that they've stopped worrying about something they've put in the jar, and they can tear up that worry and throw it away. Enjoy these times together!

**English:**

This week we are going to be focusing on grammar. To begin with, we are going to be looking at co-ordinating and subordinating conjunctions. These videos should help you refresh your memory. Today I want you to write 10 sentences, 5 for each type of conjunction. If you can make these sentences about Flat Stanley, then this will help you next week when you are writing your own version of Flat Stanley.

**Video to help:**

[https://www.youtube.com/watch?v=h1VL38Is5Ac&ab\\_channel=Grammarsaurus](https://www.youtube.com/watch?v=h1VL38Is5Ac&ab_channel=Grammarsaurus)

[https://www.youtube.com/watch?v=h1VL38Is5Ac&ab\\_channel=Grammarsaurus](https://www.youtube.com/watch?v=h1VL38Is5Ac&ab_channel=Grammarsaurus)

### Maths:

This half term we are solely focusing on fractions. Because Year 3 missed this unit in Year 2 due to the pandemic, they will be working on the same topics to begin with. Today we are going to be doing a practical activity on finding a half. You will need a bowl, some glasses and some small objects such as pasta, lego, buttons or marbles. There is a video on Class Dojo I have made explaining some of it with some tasks to complete at the end.

Watch these videos to help you:

[https://www.youtube.com/watch?v=yDhofz3TpEw&ab\\_channel=TwinklKids%27TV](https://www.youtube.com/watch?v=yDhofz3TpEw&ab_channel=TwinklKids%27TV)

### Collective Worship:

Once upon a time, there was a goose that laid golden eggs. Each morning the goose would lay just one egg and each morning the owners of the goose, an old man and woman, eagerly collected and sold the egg. Over time the old man and woman became very rich but no matter how much money the old man and woman had, they couldn't wait for the next morning and the next golden egg. They were never satisfied, and they were tired of only getting one egg each day. They encouraged the goose to lay more than one egg a day. They talked to it, they fed it, they made it comfortable, but the goose continued to produce one daily egg. Frustrated, they thought that if they cut open the goose, they would get all the eggs in one go. They killed and cut open the goose to find out that she was just like any other goose. They ended up with nothing.

Well, this is a sad, sad story, one in which the greed of the old man and woman meant the goose lost its life and the pair lost their income. Being greedy has obviously been around a long time. This story is about 2500 years old, passed on from one family to another to teach their children about the dangers of wanting far more than we need. The moral of this story is reflected in an ancient Buddhist story about a father of a poor family who dies and is reborn as a swan. The swan had golden feathers and allowed the family to occasionally pick some of the feathers to sell. The family's needs were met, and they didn't go hungry. One day the greedy mother captured the swan and plucked out all his feathers, but from that day on the swan began to grow only normal feathers.

Jesus told a parable about a greedy rich man.

Luke 12:16-21 - (NCV)

Then Jesus told this story: “There was a rich man who had some land, which grew a good crop. He thought to himself, ‘What will I do? I have no place to keep all my crops.’ Then he said, ‘This is what I will do: I will tear down my barns and build bigger ones, and there I will store all my grain and other goods. Then I can say to myself, “I have enough good things stored to last for many years. Rest, eat, drink, and enjoy life!””

“But God said to him, ‘Foolish man! Tonight your life will be taken from you. So who will get those things you have prepared for yourself?’

“This is how it will be for those who store up things for themselves and are not rich toward God.” Who’d have known that three very old stories from three very different cultures all focus on the same issue? All three stories contain a very important message and one that is as important today as when they were originally told. We often talk about our actions leading to consequences. It’s clear in this story that greed had some very bad consequences, the goose lost his life, the swan lost the ability to grow golden feathers, and the rich farmer wasn’t able to enjoy all his hard work. The parable Jesus told is often called the parable of the rich fool. But why is he called a fool? Surely he’d worked hard and he deserved to take it easy. The parable makes it quite clear that he was only thinking about himself, he put in all that effort without concern for God or anybody else. Jesus said that this is the same for anyone who stores things for himself but is not rich towards God. The man in the parable didn’t show much concern for those

around him. If you could give some advice to any of the characters in these stories what would it be? Would you advise the old couple that they have enough to live on so don’t worry about getting more? Would you advise the mother to be happy and content with what she had, knowing the swan would look after them when they needed it? Would you advise the rich farmer to stop and enjoy life before it’s too late? Whatever the advice it’s clear that greed eventually robbed the happiness of those who only acted greedily to improve that happiness.

## Time to reflect

Have you ever been greedy and then regretted it?

What does it make you feel like when other people have been greedy?

### Reflection (Prayer)

(Dear God)

We are aware of the difference between our needs and our wants. Let us be grateful and content with what we have. We ask for support for those that don’t have all their needs met, as we reflect on what we can do to help others. (Amen)

## Curriculum:

Please can you order the events of world history to help you place the events of the Seaham lifeboat disaster in the correct order.

This video will help you:

[https://www.youtube.com/watch?v=CdR0PBNK4eY&ab\\_channel=MarkAshleyPattison](https://www.youtube.com/watch?v=CdR0PBNK4eY&ab_channel=MarkAshleyPattison)

You could also ask your parents and grandparents what they know about the event, as it is part of local history.

## Work:

### Maths:

Please see Class Dojo for the video.

### English:

#### Flat Stanley:

Conjunctions:

Co-ordinating	Subordinating
For, and, but, yet, so	Because, although, even though, when, if, that

If you are struggling use this:

Flat Stanley was skinny \_\_\_\_\_ he was only a few inches thick.

Flat Stanley's hair was ginger \_\_\_\_\_ his eyes were blue.

Flat Stanley lived in New York \_\_\_\_\_ his friend lived in California.

California is where his friend lived \_\_\_\_\_ Flat Stanley lives in New York.

To get to California Flat Stanley went in an envelope \_\_\_\_\_ it was cheaper.

\_\_\_\_\_ he got there, Flat Stanley had a great time.

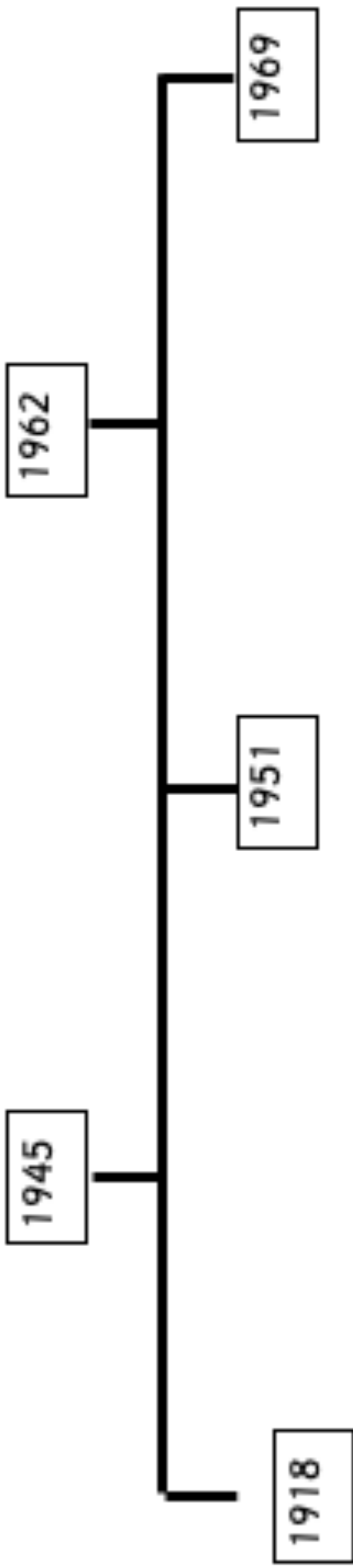
\_\_\_\_\_ he had not been flat, he would not have been able to go in the envelope.

### Curriculum:

At 15:55 (five to four) on the 17<sup>th</sup> of November 1962 reports came into the life boat station that a fishing boat was struggling in bad weather conditions

At 16:10 (ten past four) the life boat 'George Elmy' was launched from Seaham to save the fishing boat.







World War 1 ended.



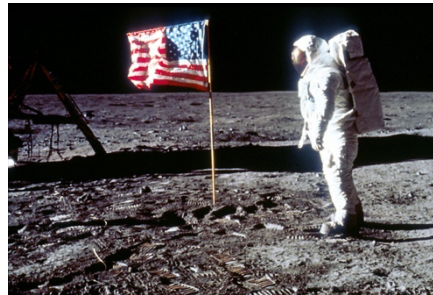
World War 2 ended.



First colour TV.



Seaham lifeboat disaster.



First man on the moon.





## My Worry Jar

Don't fill your head with worries, fill the jar instead