



# PSHE and Citizenship

Relationships | VIPs

# Fabulous Friends



# Aim

- I can explain how to make and keep fabulous friends.

# Success Criteria

- I can explain why we need new friends.
- I can suggest different ways we can make new friends.
- I can describe ways to treat my friends to ensure we stay friends.

# **The Big Questions**



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What makes a great  
friends

Why is friend  
important

Why is friendship  
important?

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What makes a  
great friendship?




# Reconnecting

# Friends



Friendship is defined as a relationship of mutual affection between people.



Do we ever get to a point in life where we don't need any more new friends?

Or, should we always be open to the idea of making new friendships?

Sometimes we make friends with people because of our parents, sometimes it is because we like the same things or because we have the same hobbies. Sometimes it can be because we have the same mutual friends and sometimes it is just down to chance, for example, who we are asked to sit next to.

# Friends



How can we make new friends?

Think about the things you enjoy and seek out someone else who enjoys those things.

Say 'hello' to new friends, showing you are open to their friendship.

Say something nice to your new friend about them.

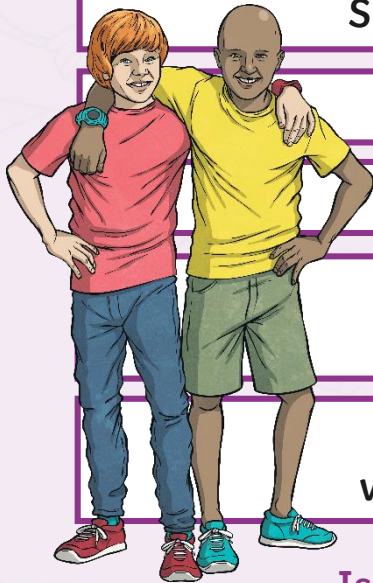
Do something kind for your new friend.

Smile and have fun.

Be willing to share – your things and your friend; let them have other friends, too.

Be happy and proud of who you are – confidence will make others want to be friends with you, too.

Is it easy to make friends or is it a hard thing to do?





# Exploring

# My Interests



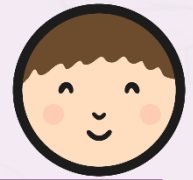
One good way to make friends is by finding a common interest. A common interest is something that you both enjoy. This could be something that you like doing, like dancing or reading, or something that you enjoy learning about, like animals or space.

If you and your friend have a common interest, then you will always have something to talk about!

Understanding what your interests are can help you to see good opportunities for making new friends.



# My Interests



Name art is where your name is written in the middle of a piece of paper. You then write, or draw your interests, hobbies or personality traits using the letters within your own name.

Here is an example of a piece of name art.



Using the [Name Art Activity Sheet](#), can you create your own piece of name art?

**Name Art** 

List your interests, hobbies and personality traits that you'd like to include in your name art, here:

Now create your own name art in the box below.

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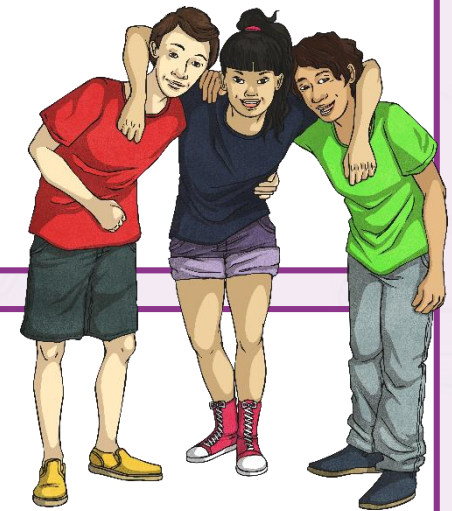
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# Friendships



Why might we need more than one friend in our life?

Through our lives, we will go through different experiences and we will have happy times and sad times. Different people will be important in our lives at different times.



For example, a friend we play netball with will be important when we are working hard to train for the netball team.

A friend who is funny will be important when we need cheering up.

A friend who is a good listener will be important when we need to talk.

# Friendships



We need lots of people around us for times when we need different things from our friends. In the same way, our friends will need us. Our different personalities mean that we can be good friends to others at different times.

On the **Friendship Scenario Cards**, look at the need for new friends and how the attitude of the children will impact the friendship being made.

LKS2 VIPs Fabulous Friends Scenario Cards

Sally is crying. Her friend, Molly, comes over and gives her a big cuddle and sits down with her.



Friends Scenario Cards

ng excited as it is her  
r best friend, Susie,  
ht past her and  
'Happy Birthday'.  
ot even smile



Friends Scenario Cards

ng his friends play football.  
can play and his friend, Leon,  
ou can't play with us!'



Discuss this in your groups.

# Anonymous Friends



Write your name on a piece of paper, fold the paper up and place it in the class hat.

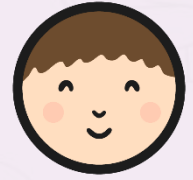
Everyone will then pick a name out of the hat, one at a time.



The name written on the piece of paper is the person you have to be an anonymous friend to.

**Do not tell anyone who you are being an anonymous friend to!**

# Anonymous Friends



This week you have to be a good friend as an anonymous friend. Doing something anonymously means not telling anyone it is you.

This could include being extra kind to them, looking out for them, complimenting them, playing games with them, etc.

At the end of the week, you will all have to guess the person who has been your anonymous friend. You will complete the [Anonymous Friend Activity Sheet](#) to focus on the ways to maintain friendships.

**Anonymous Friend**

The name I have picked out of the hat is:

The following ideas for being a good friend are (tick each line when you do it in the week):

- 
- 
- 
- 
- 

The following things have happened to me this week:

- 
- 
- 
- 
- 

I think the person who is being my anonymous friend is:

I think this because:

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Consolidating

Reflecting

# Consolidating



# Old Friends



Why is it good to have old friends as well as new friends?

They will have known you through good times and bad times.



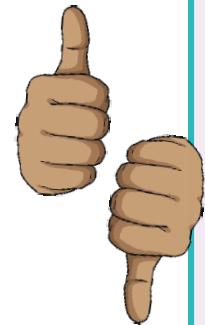
They are likely to know your other friends and family.



You know how loyal they are if you've been friends for a long time.



You know what they are like in their good times and bad times.

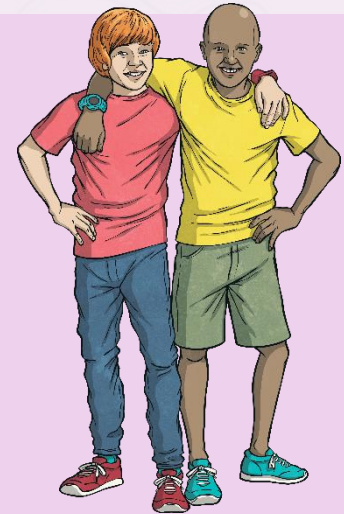


# Old Friends



How can we maintain our friendships with our older friends?

- regular contact
- being caring towards them
- showing an interest in them
- remembering key times, for example, their birthday
- making time for them



In pairs, discuss which of the ideas above are the most important to maintaining friends.

**Friendship is hard work at times and we need to make a conscious effort sometimes to keep the friendship going.**

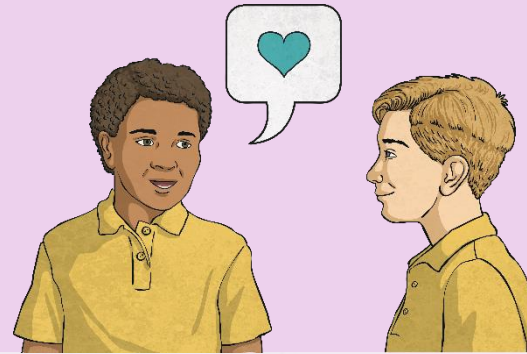
# Reflecting

# Kindness



Discuss with your partner why we need to be kind to our friends.

Why do we have friends?



Sometimes our friends go through difficult times. At these times our friends really need us to stick by them and help them through. This can include asking an adult for help if your friend is behaving differently from how they usually behave.

Why should we continue to be a friend when our friend is going through a difficult time?