

Week 4 Monday 25th January 2021

1. Zoom Meeting 9.30 am

I hope you can all make this meeting at the slightly later time of 9.30 so that we see each other and can have a quick catch up to talk about the learning we will be doing this week.

😊 At the beginning of the meeting if everyone can have their microphone on mute that would be great. I will ask families to unmute the microphone when needed. Many thanks 😊

2. Music

Charanga Music School.

Cross-curricular and topic-based focus: Everyone! - explore: family, friends, people and music from around the world.

I have taken the songs off Charanga for this week and broken them down into steps below, if families wish to follow them. The focus for this Unit is Everyone! To be imaginative when finding the **pulse**. Reception is where we start our integrated approach to musical learning, laying down the foundations for KS1 and KS2 where we learn more about the interrelated dimensions of music (**pulse, rhythm, pitch and tempo, dynamics, timbre, structure, texture**), singing and playing instruments are all linked.

Listen and Respond

Section 1 - Listen and Respond

Activity

Listen to My Mum Is Amazing by Zain Bhikha and performed by Naadira Ali

(Adults please be aware there is a twist at the end of the song that you may need to be aware of before you let your child view so that you can talk to your child sensitively about what the word 'Orphan and Orphanage means'.)

You tube link - [Nasheed | My Mum Is Amazing by Naadira Ali featuring Zain Bhikha](#)
(3.22mins)

- The focus for this Unit is Everyone!

Be imaginative when finding the **pulse**, you can be anything you want to be; a member of your family, a friend, a person from a different part of the world, an animal from another part of the world

- After listening, discuss what you have viewed together sensitively. You may like to ask the children some simple questions. Tell them who was singing and what the song was called. What was the song about? This song is written by a Muslim poet called Zain Bhikha and performed by Naadira Ali who sings about how amazing her mum is. Can you hear any instruments in this song or only voices? Ask them about their feelings towards the piece of music. Did the music make you feel happy, sad, sleepy, excited, worried, like dancing, like an animal, grumpy etc?

Activities

Activities - use these ideas as a starting point and build our previous learning with confidence

Pulse

- Think of new and different ways to find the pulse, use your imagination
- The first nursery rhyme, Wind the Bobbin Up, is about cotton mills in the North of England. Can you wind the bobbin up in time to the music?
- The second nursery rhyme, Rock-a-bye Baby is a lullaby. Can you rock a baby to sleep with the pulse?
- The third nursery rhyme is a rap called Five Little Monkeys. Can monkeys find the pulse?
- The fourth, and new nursery rhyme to be introduced is Twinkle, Twinkle, Little Star. Can a star twinkle and find the pulse?

Pitch - as a starting point - and using the stories told in the nursery rhymes above- ask the children for ideas exploring pitch.

- A car, tractor, motorbike engine - can you make these sounds? Are they low or high?
- Imitate the sound of a re engine

- Hold a pretend elastic band in your hand and stretch it very slowly - follow the stretching with your voice. Your voice will get higher in pitch as the elastic band gets longer
- Animal sounds - a bee buzzing, an elephant trumpeting, a cat meowing etc... the children will think of lots more.

Share and Perform

Create your own sounds using untuned percussion, to improvise the beginnings of a rhythm or melody for one of the nursery rhymes (but not Five Little Monkeys). Untuned percussion – At home you may have shakers, tambourines, drums or junk materials/objects to make an untuned instrument.

- Hold a shaker at the very end of the stick, next to the rounded end for support
- Hold a tambourine firmly in one hand using the handle and tap the bells with the other
- Use your hands to play a drum

Sing and play - Learn to Sing and Play your instrument with the Songs Stand up straight - with a happy not grumpy face - when you sing. Add some dancing or movement too. Open your mouth wide and make sure that everybody can understand all the words you are singing.

Options- Listen to the nursery rhyme/s with lyrics or without lyrics and respond with any movement or actions: All the songs below can be found via You Tube.

Wind the Bobbin Up

Learn to sing the nursery rhyme:

- Sing the whole song

Rock-a-bye Baby

Learn to sing and play the nursery rhyme with an untuned instrument:

- Sing the whole song

Five Little Monkeys

- Rap the whole song

Twinkle, Twinkle, Little Star

Learn to sing and play the nursery rhyme with an untuned instrument:

- Sing the whole song

If You're Happy and You Know It

- Sing along and play an untuned instrument with the action song:

Head, Shoulders, Knees and Toes

- Sing along with the action song

Have fun 😊

Evidence – Choose 1 favourite song from above - video yourself performing your favourite song and attach it to your profile on Dojo. You may like to make a makeshift stage, dress up or find an object to pretend it's a microphone to enhance your performance. I can't wait to see your video 😊

3. Understanding of the world with Miss Swan

If all of the children were in school today they would have had Miss Swan come and join them from 11 till 12 in the classroom. Instead, Miss Swan is linked to reception Class Dojo and will be attaching her Understanding of the World activities for children to complete onto our school website under the heading 'Pupils'. So, look out for her special jobs on our school website and submit your completed work via your child's profile on Class Dojo.

Miss Swan will then reply via Class Dojo with her feedback direct to you 😊

3. Physical Development

Traditional Tales/ Rhyme – Humpty Dumpty

Movement work – You will need a bit of space for this activity 😊

Learning Objectives:

- Move with increasing control and co-ordination
- Demonstrate a variety of shapes, levels and travelling actions
- Respond appropriately to music

1. Listen to the story/ Rhyme of Humpty Dumpty

View the link – [Humpty Dumpty | Kids Songs | Super Simple Songs](#) (1.18mins)

2. Make egg shapes with your body, lying on the floor, crouched and standing.
3. Discuss again how Humpty Dumpty falls off the wall because he doesn't have good balance... Practise with the children how to walk – balance – wobble.
4. Walk – changing speed and directions.
5. Balance – on one leg, hopping
6. Wobble – are the children able to wobble without falling. If they fall can they fall safely by rolling or sliding?
7. Imagine you are Humpty Dumpty sitting on a wall. Ask the children to sit on the floor. When the adult bangs a drum or claps their hands, they are to 'fall off' the wall and lie on their backs with feet and arms in the air.
8. Who comes to save Humpty? Children to show galloping actions like the kings' horses...remind the children to be careful in your space.
9. Children to change to marching around the room like 'all the kings' men'.
10. Play the rhyme again or sing it out and dance the actions all together.
11. Well done 😊

Evidence – Photo or video of your child's movements attached to their portfolio

Just to note – Joe Wicks is live on You Tube from 9.00 every Monday, Wednesday and Friday mornings if you would like to do extra physical development on those days 😊

4. Emergent Writers

L.O. – For the children to explore what their hands can do

Let's make Salt dough

You will need:

- 1 cup of flour
- 1 cup of salt
- Half a cup of water

Method:

1. Mix all the ingredients together.
2. Knead the dough on a flat surface until it becomes workable.
3. Mould into something lovely or cut out various shapes with cookie cutters.
4. You can harden the dough by cooking on a baking sheet in the oven at 100°C/200°F for 2 to 3 hours.
5. Have fun. I look forward to seeing what you made 😊

Evidence - Photo

5. Story Time

Today we explored our PE lesson through the eyes of Humpty Dumpty. You may like to listen to CBeebies radio 'Old King Cole' inspired by the 'kings' men' from our nursery rhyme today.

BBC I Player/ CBeebies - <https://www.bbc.co.uk/cbeebies/radio/hey-diddle-diddle-old-king-cole>
(10.31mins)

Enjoy 😊

Evidence – Photo

6. Reception Prayer

And now the day is over

We lift our hands and say

Thank you heavenly father for today

We are sorry for the wrongs

And are glad about the rights

Keep us heavenly father

In your love tonight

Amen

For Your Information- Just looking ahead this week...

1. Resources for maths this week that you may like to gather (think capacity/ pouring and filling) –
 - Sand
 - Rice
 - Beads
 - Different shaped containers
 - Small pots
 - Ladle
 - Cups
 - Different sized pans, bowls, spoons
 - Nesting bowls or boxes
 - Loose parts – for eg cubes, blocks, corks, pasta, pine cones, pebbles...
 - Small box with a lid
 - Café or picnic role play items including beakers and jugs

2. Resources for malleable play (Emergent writers) this week that you may like to gather–
 - Tue – Porridge Dough (oats, honey, salt)
 - Wed – Marshmallow Dough (marshmallows, cornflour)
 - Thur – Sand Mouse (sand, washing up liquid)
 - Fri – Bread Dough (Strong white flour, dried easy blend yeast)

I hope this helps.

Many thanks

Ms Lilley 😊