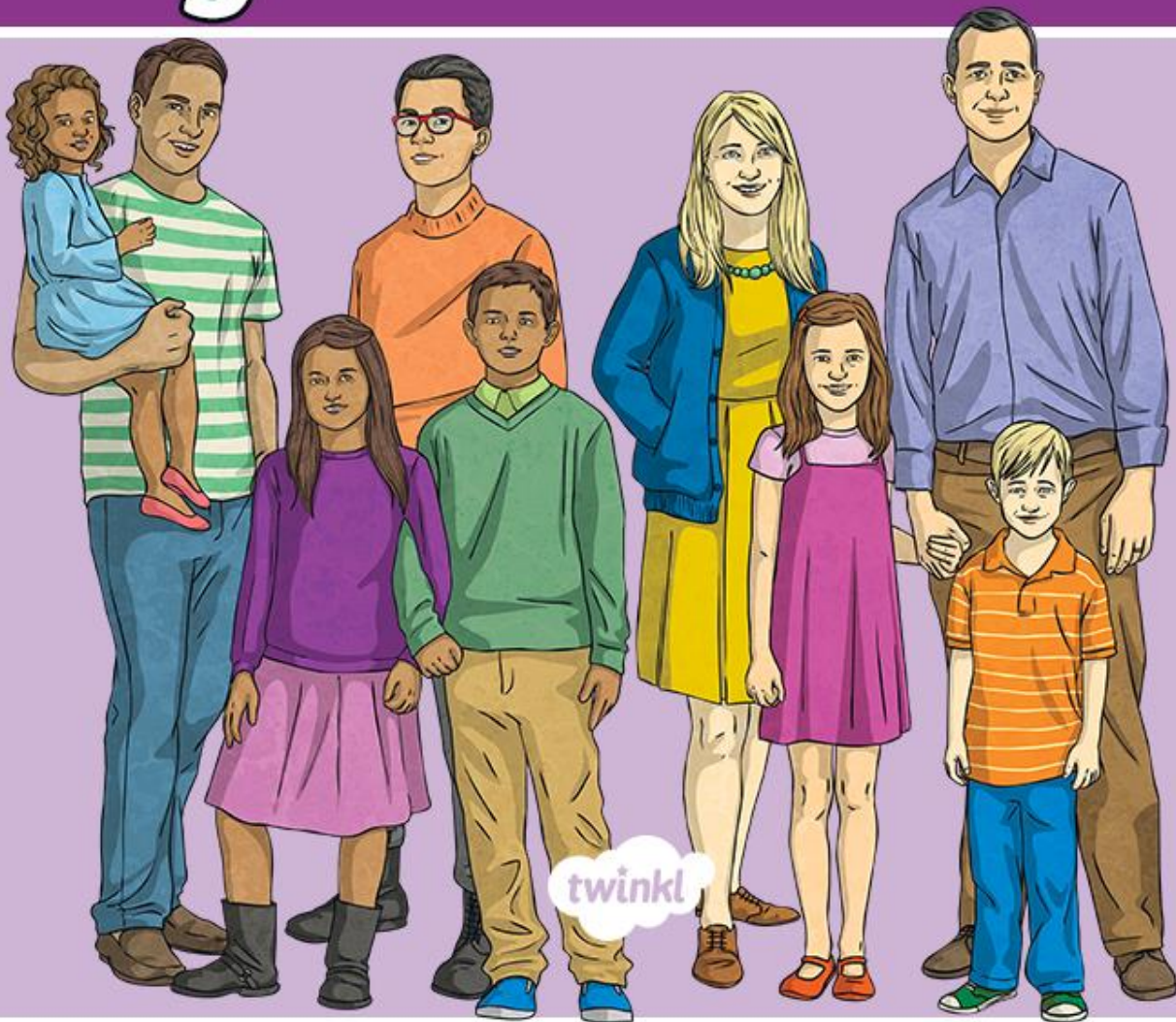


# Family and Friends



# Aim

- I can explain the importance of respecting my VIPs.

# Success Criteria

- I can give examples of ways to show my VIPs respect.
- I can consider the outcomes of scenarios if I didn't show my VIPs respect or treat them kindly.

# Consideration for Others

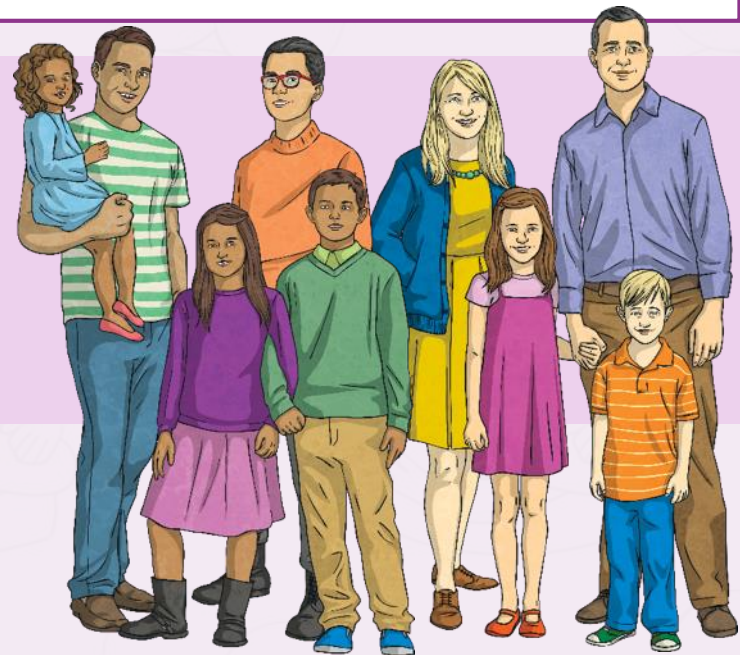


Today's learning will be about who is important to us and why we need to treat those people with **kindness** and **respect**.

Take a moment to think about who your very important persons (VIPs) are.

Your family members and close friends will probably be those who are special to you and important people in your life. This will be personal to you.

**How we treat these special people in our lives is very important.**

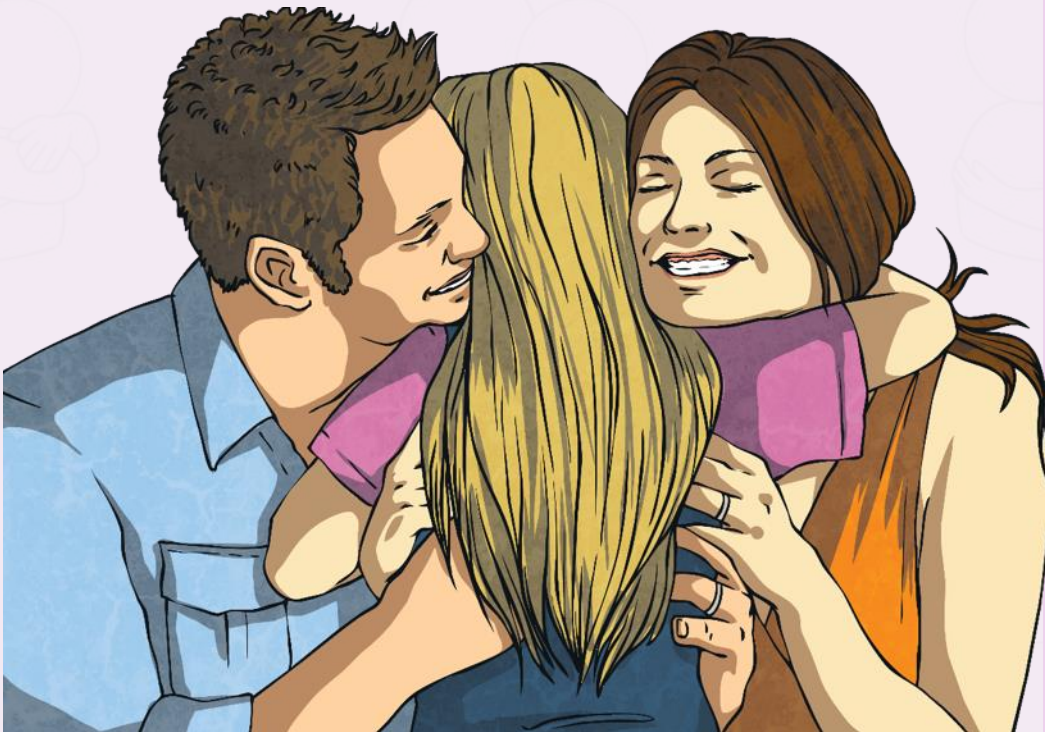


# Consideration for Others



Families are very important to us as we grow up.

What does your family make you feel?



Families give us love, security and stability. People in families show love for each other and are there for each other.

# Consideration for Others



It is important to show people we respect them and we can expect people we care about to show us respect too.

How could people show respect to one another?

We should show respect to people we care about. If we do not feel this, we can speak to a trusted adult. Who are our trusted adults?



parents



grandparents

carers



teachers

# Consideration for Others



Being **kind** is when someone has or shows a friendly, generous and considerate nature. It involves thinking of others and doing things that make them happy.

Can you think of some examples of kindness in school?

Can you think of any examples of kindness on a bigger scale, such as in the community?

**Kindness** does not mean never having what you want or always letting others get their own way.

Some people can take other people's kindness for granted. This means they see how friendly and generous a kind person is and use this to get what they want. Doing this to a kind person will drive them away as a friend.

How should we treat the kind people in our lives?

# Consideration for Others



Part of being kind is including people we care about.

How does it make you feel when people include you?

How would it feel to not be included?



Feeling lonely can make people very unhappy. Behaving in a caring way to people that are important to us means that they won't feel lonely or excluded.

# Consideration for Others



**Respect** is showing regard for the feelings, wishes or rights of others.

It might mean listening to them and taking their views on board.

It means treating them in a way we would like to be treated - with fairness and honesty, accepting them for who they are. Having a happy and healthy relationship means we are treated in this way as well and that we feel safe and happy.

How can we show our respect for our VIPs?

What should we do if our VIPs do not make us feel happy or safe?

Why should we show our VIPs respect?



# Showing We Care



How does the way we behave affect other people when we are with them in person?

is telling his friends that they are rubbish and

How could our behaviour online affect other people?



In the example above, Jude might not have carried on saying hurtful things if he realised his friends were upset. Being online means we can't always see someone else's reactions so we have to be careful with how we speak and behave. We should make sure we consider how others might feel and be clear with how we communicate.

# Showing We Care



Thinking of all we have discussed so far, create a list of ways you can show your VIPs respect using the [Respecting Our VIPs Activity Sheet](#).

**Consolidating**

**Respecting Our VIPs**

Create a list below of the different ways you can show your VIPs that you respect them. Include examples where appropriate.

Idea	Example
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.

This resource is made in line with the Learning Outcomes and Core Themes outlined in the PSHE Association's [Framework of Skills](#).

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PSHE and Citizenship | KS2 | Relationships | VIPs, Family and Friends | Lesson 1

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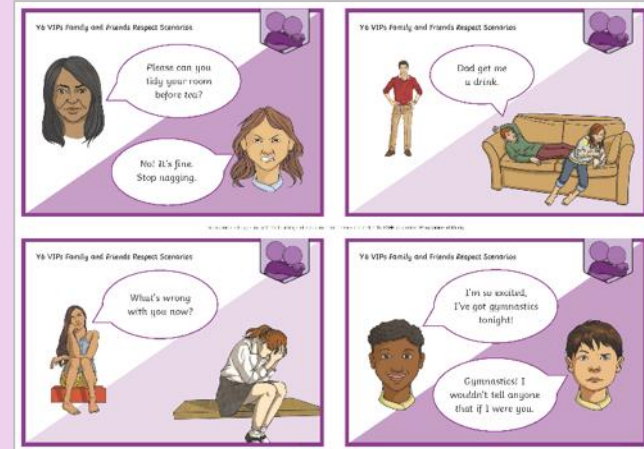
**Reflecting**

# Consolidating

# Show Some Respect!



In groups, look at the **Respect Scenario Cards**, where someone is not showing respect to their family and friends and look at the consequences of these actions.



How does showing our VIPs respect and treating them with kindness affect our VIPs' lives?

How does it affect our lives when we treat others with kindness and respect?

# Reflecting

# How Does It Feel?



Why do we have friendships in our lives?

How can we make sure our friendships are positive and healthy and support our wellbeing?



Remember, healthy relationships have mutual respect, trust, truthfulness, loyalty, kindness, generosity, shared interests and experiences. Having healthy relationships can also help us with any difficulties we may experience.



# How Does It Feel?



To build positive friendships, we need to start off by having a healthy friendship with someone and this relationship should remain healthy. Part of this includes feeling able to ask for help if your friendship ever feels unhealthy. Lots of friendships can return to being happy, supportive, safe and healthy with a little support from a grown-up.

A positive place to start a good relationship is finding something you have in common with someone else. If you have something that connects you, you are likely to enjoy similar activities.



# How Does It Feel?



Being kind and showing respect are behaviours that go together.

Both these behaviours enable us to treat our VIPs how they should be treated and ensures they remain our VIPs and we remain theirs.

How does it feel when we are treated with respect and kindness?

Look at the following scenarios and discuss how each character is feeling.

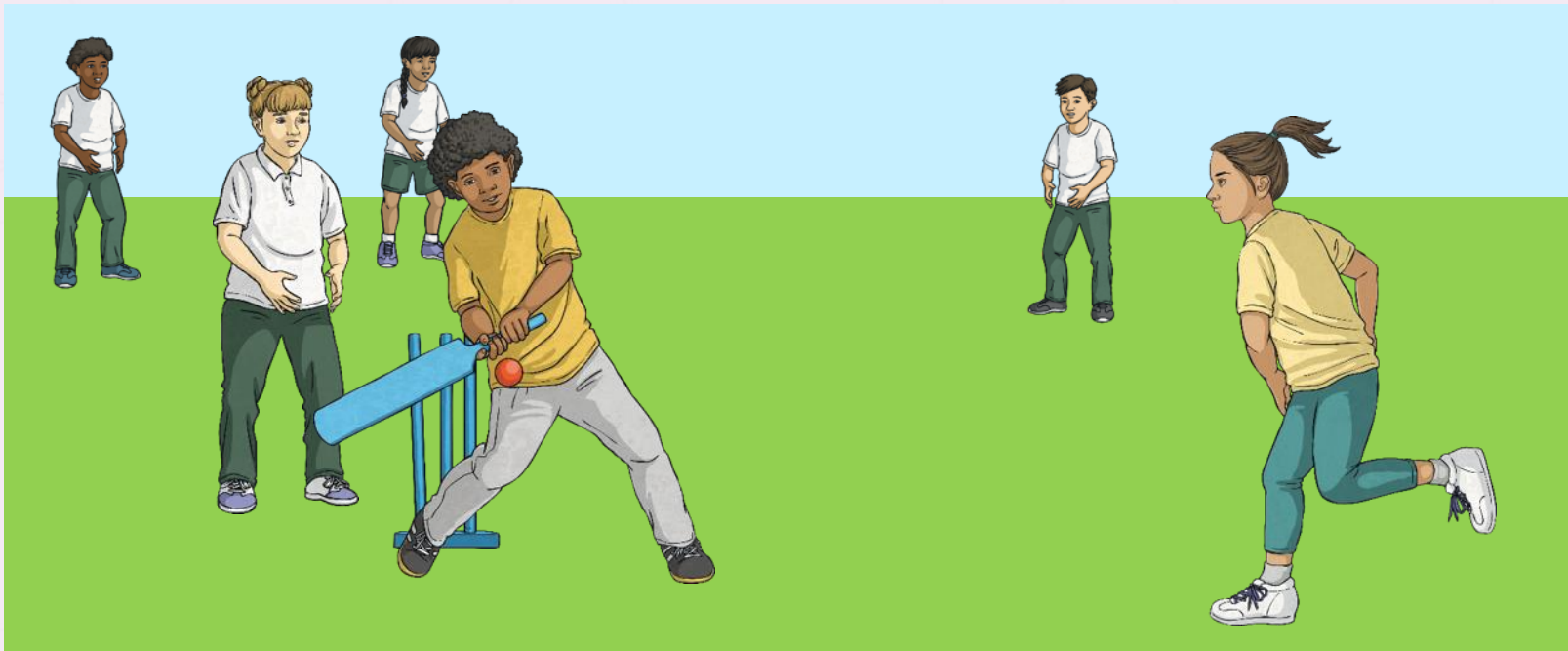




# How Does It Feel?



Matt is watching some other children playing cricket. He does not join in as he does not know how to play. His friend, Tafari, comes over and says he will teach Matt how to play if he would like to join in too.



# How Does It Feel?



Theresa is sad because she is missing her grandma who recently passed away. Her friend, Trishna, is giving her a card she has made to try and cheer her up.



# How Does It Feel?



Micah is new to the school and is feeling shy and nervous. Eon gives him a broad smile, asks if he would like to sit with him and lends him a pen and pencil.



# **The Big Questions**



Who are the important people in our lives? Why are they important?

Why is it important to treat them kindly? What can happen if we don't treat our family and friends with respect?



**How might you show your VIPs how important they are to you?**

# Aim

- I can explain the importance of respecting my VIPs.

# Success Criteria

- I can give examples of ways to show my VIPs respect.
- I can consider the outcomes of scenarios if I didn't show my VIPs respect or treat them kindly.



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