Friday 23rd October 2020

Emotional Well-Being

Take some time out of your day to do something you enjoy - this could be watching a TV programme, playing a game, reading a book, going for a walk, baking with your family, drawing a picture etc.

<u>Special Investigation – Don't Hog the Hedge</u>

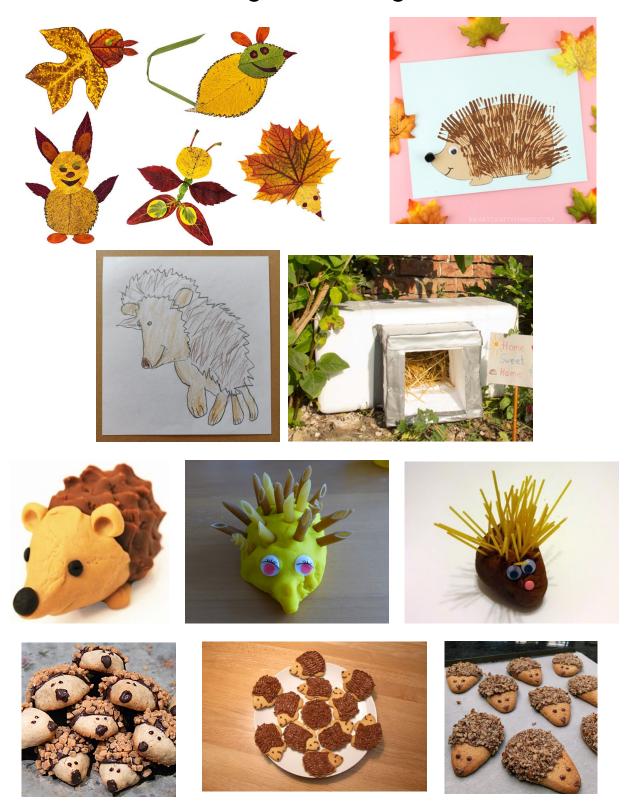
This week our special investigation is based on the story *"Don't Hog the Hedge".* Please find below a list of ideas of activities you could do related to the story.

- Make animal pictures draw/paint/collage (leaves)
- Write a fact file on hedgehogs
- Complete a research project on who hibernates?
- Build a hedgehog hotel
- Make a hedgehog with playdoh, clay, a potato etc.
- Make hedgehog biscuits

Prayer/Reflection

We live in the UK, which is a collection of four nations. The UK is also a multicultural country which means that we live amongst people from different cultures that have their origins from all around the world. This week we are going to celebrate the positive way different cultures in the UK live alongside one another peacefully. This week we are going to hear examples of how people with different religious beliefs came and settled in the UK.

Don't Hog the Hedge Ideas



Today we are going to hear from a Hindu girl called Chandra

<u>Hinduism</u>



My name is Chandra and my dad is a doctor, he said that we had to go to the UK as the NHS was having problems getting enough doctors. We moved in 1962, and my dad started working in the local hospital. We found many Hindus that had come over in the 40's to help the UK after the war. Many Hindus in the UK had left India to find better-paid work in the UK.

How did Chandra come to the UK?